POST-THORACIC SURGERY

PAIN MEDICATION REGIMEN

Use of an alternating combination of the following over the counter and prescribed medications:

Tylenol [Can be taken every six hours]

Motrin/Ibuprofen [Can be taken every four-six hours]

Tramadol [Can be taken before bed as needed]

Gabapentin [Can be taken three times daily of the 100 mg pill as scheduled]

Morphine [This will only be used in the hospital for severe pain]

Example combination:

08:00 am – Take 1 gram of Tylenol and one pill of Gabapentin

12:00 pm – Take 600 mg of Motrin/Ibuprofen

02:00 pm – Take 1 gram of Tylenol and one pill of Gabapentin

04:00 pm – Take 600 mg of Motrin/Ibuprofen

08:00 pm – Take 1 gram of Tylenol and one pill of Gabapentin

Before Bed – Take Tramadol [as needed]

Can also use over the counter Lidocaine patches, heating pads, and ice packs [whichever feels better for patient]